

QP Code: 213386

Reg. No.....

**Second Year MPT Degree Regular/Supplementary Examinations
December 2025**

Paper III - Musculoskeletal and Sports Physiotherapy

(2016 Scheme)

Time: 3 hrs

Max. Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

Essays

(2x20=40)

1. Explain the principles and the practice of Plyometrics in sports rehabilitation
2. Discuss physiotherapy rehabilitation protocol for chronic shoulder impingement syndrome to be managed conservatively

Short Notes

(10x6=60)

3. Explain the principles of McKenzie's exercise concept
4. Discuss about End feel and explain the types
5. Principles of evidence based practice
6. Components of ICF
7. Upper limb tension tests
8. Management of scoliosis
9. Throwers ten exercise program
10. Ergonomic intervention in the prevention of back pain for Desktop (IT) workers
11. Principles of internal and external fixations
12. Role of orthotics in the prevention of hand deformities in RA patients
